

Meditazione a Distanza - 5° Ciclo

| # | Data | Centro | Junkei/Teisho | Jikijitsu | Amministratore |
|----|-------------|------------------------|--------------------|--------------------|-----------------|
| 1 | 2-Feb-2023 | Hokuzenko (TO) | Mario Nanmon | Concetto Kōtei | Paolo Shōju |
| 2 | 9-Feb-2023 | Roma | Gianfranco Keiko | Roberto Myozen | Piero Zenka |
| 3 | 16-Feb-2023 | Sansepolcro (AR) | Piero Zenka | Umberto Hoei | Eugenio Ghyotan |
| 4 | 23-Feb-2023 | Pisa | Massimo Shido | Antonello Ghenseki | Paolo Shōju |
| 5 | 2-Mar-2023 | Reggio Emilia | Paolo Shōju | Fabio Kansei | Piero Zenka |
| 6 | 9-Mar-2023 | Shuitao (TN) | Franco Shihan | Ileana Seikyū | Eugenio Ghyotan |
| 7 | 16-Mar-2023 | Alagna (VC) | Gianfranco Myōhon | Piero Zenka | Paolo Shōju |
| 8 | 23-Mar-2023 | Vallelaghi (TN) | Vilma Myōdō | Franco Shihan | Piero Zenka |
| 9 | 30-Mar-2023 | Pisa | Antonello Ghenseki | Massimo Shido | Eugenio Ghyotan |
| 10 | 6-Apr-2023 | Lodi | Eugenio Ghyotan | Paolo Shōju | Piero Zenka |
| 11 | 13-Apr-2023 | Sattva (TN) | Ileana Seikyū | Vilma Myōdō | Paolo Shōju |
| 12 | 20-Apr-2023 | Settimo Torinese (TO) | Concetto Kōtei | Saverio Bassui | Eugenio Ghyotan |
| 18 | 27-Apr-2023 | Itaca (VE) | Paolo Dōchū | Andrea Jitoku | Paolo Shōju |
| 14 | 4-May-2023 | Pisa | Lodovica Piegaia | Massimo Shido | Piero Zenka |
| 15 | 11-May-2023 | Lurate Caccivio (CO) | Saverio Bassui | Mario Nanmon | Eugenio Ghyotan |
| 16 | 18-May-2023 | Latina | Roberto Myozen | Leonardo Reiyo | Paolo Shōju |
| 17 | 25-May-2023 | Città della Pieve (PG) | Umberto Hoei | Gianfranco Myōhon | Piero Zenka |
| 21 | 1-Jun-2023 | Itaca (VE) | Carla Seighen | Paolo Dōchū | Eugenio Ghyotan |
| 19 | 8-Jun-2023 | Genova | Fabio Kansei | Eugenio Ghyotan | Paolo Shōju |
| 20 | 15-Jun-2023 | Bologna | Leonardo Reiyo | Gianfranco Keiko | Piero Zenka |
| 13 | 22-Jun-2023 | Trento | Andrea Jitoku | Carla Seighen | Eugenio Ghyotan |
| 22 | 29-Jun-2023 | Reggio Emilia | Paolo Shōju | Roberto Myozen | Piero Zenka |
| 23 | 6-Jul-2023 | Lodi | Eugenio Ghyotan | Umberto Hoei | Paolo Shōju |
| 24 | 13-Jul-2023 | Pisa | Massimo Shido | Piero Zenka | Eugenio Ghyotan |
| 25 | 20-Jul-2023 | Latina | Roberto Myozen | Paolo Shōju | Piero Zenka |
| 26 | 27-Jul-2023 | Sansepolcro (AR) | Piero Zenka | Eugenio Ghyotan | Paolo Shōju |
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